

State & County QuickFacts


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Milam County, Texas

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People QuickFacts	Milam County	Texas
Population, 2011 estimate	NA	25,674,681
Population, 2010	24,757	25,145,561
Population, percent change, 2000 to 2010	2.1%	20.6%
Population, 2000	24,238	20,851,820
Persons under 5 years, percent, 2010	6.9%	7.7%
Persons under 18 years, percent, 2010	26.5%	27.3%
Persons 65 years and over, percent, 2010	17.4%	10.3%
Female persons, percent, 2010	50.6%	50.4%
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White persons, percent, 2010 (a)	78.1%	70.4%
Black persons, percent, 2010 (a)	10.0%	11.8%
American Indian and Alaska Native persons, percent, 2010 (a)	0.7%	0.7%
Asian persons, percent, 2010 (a)	0.4%	3.8%
Native Hawaiian and Other Pacific Islander, percent, 2010 (a)	Z	0.1%
Persons reporting two or more races, percent, 2010	1.8%	2.7%
Persons of Hispanic or Latino origin, percent, 2010 (b)	23.3%	37.6%
White persons not Hispanic, percent, 2010	65.5%	45.3%
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Living in same house 1 year & over, 2006-2010	85.8%	81.5%
Foreign born persons, percent, 2006-2010	4.3%	16.1%
Language other than English spoken at home, pct age 5+, 2006-2010	15.0%	34.2%
High school graduates, percent of persons age 25+, 2006-2010	81.5%	80.0%
Bachelor's degree or higher, pct of persons age 25+, 2006-2010	13.5%	25.8%
Veterans, 2006-2010	2,225	1,635,367
Mean travel time to work (minutes), workers age 16+, 2006-2010	26.2	24.8
Housing units, 2010	11,305	9,977,436
Homeownership rate, 2006-2010	73.0%	64.8%
Housing units in multi-unit structures, percent, 2006-2010	5.4%	24.1%
Median value of owner-occupied housing units, 2006-2010	\$81,600	\$123,500

Households, 2006-2010	9,575	8,539,206
Persons per household, 2006-2010	2.57	2.78
Per capita money income in past 12 months (2010 dollars) 2006-2010	\$21,509	\$24,870
Median household income 2006-2010	\$39,035	\$49,646
Persons below poverty level, percent, 2006-2010	17.6%	16.8%
Business QuickFacts		
	Milam County	Texas
Private nonfarm establishments, 2009	416	519,028 ¹
Private nonfarm employment, 2009	4,221	8,925,096 ¹
Private nonfarm employment, percent change 2000-2009	-22.9%	11.2% ¹
Nonemployer establishments, 2009	1,490	1,844,130

Total number of firms, 2007	1,834	2,164,852
Black-owned firms, percent, 2007	S	7.1%
American Indian- and Alaska Native-owned firms, percent, 2007	F	0.9%
Asian-owned firms, percent, 2007	F	5.3%
Native Hawaiian and Other Pacific Islander-owned firms, percent, 2007	F	0.1%
Hispanic-owned firms, percent, 2007	S	20.7%
Women-owned firms, percent, 2007	26.9%	28.2%

Manufacturers shipments, 2007 (\$1000)	D	593,541,502
Merchant wholesaler sales, 2007 (\$1000)	87,312	424,238,194
Retail sales, 2007 (\$1000)	181,361	311,334,781
Retail sales per capita, 2007	\$7,334	\$13,061
Accommodation and food services sales, 2007 (\$1000)	17,678	42,054,592
Building permits, 2010	3	88,461
Federal spending, 2009	207,874	216,379,449 ¹

Geography QuickFacts		
	Milam County	Texas
Land area in square miles, 2010	1,016.93	261,231.71
Persons per square mile, 2010	24.3	96.3
FIPS Code	331	48
Metropolitan or Micropolitan Statistical Area	None	

1: Includes data not distributed by county.

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Population estimates for counties will be available in April, 2012 and for cities in June, 2012.

(a) Includes persons reporting only one race.

(b) Hispanics may be of any race, so also are included in applicable race categories.

D: Suppressed to avoid disclosure of confidential information

F: Fewer than 100 firms

FN: Footnote on this item for this area in place of data

NA: Not available

S: Suppressed; does not meet publication standards

X: Not applicable

Z: Value greater than zero but less than half unit of measure shown

[What do you think of QuickFacts?](#)

Source U.S. Census Bureau: State and County QuickFacts. Data derived from Population Estimates, American Community Survey, Census of Population and Housing, State and County Housing Unit Estimates, County Business Patterns, Nonemployer Statistics, Economic Census, Survey of Business Owners, Building Permits, Consolidated Federal Funds Report

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	Milam County	Error Margin	National Benchmark*	Texas	Rank (of 221)
Health Outcomes					170
Mortality					160
Premature death	9,592	8,233-10,951	5,466	7,186	
Morbidity					164
Poor or fair health			10%	19%	
Poor physical health days	3.5	1.7-5.2	2.6	3.6	
Poor mental health days	5.8	2.1-9.6	2.3	3.3	
Low birthweight	8.6%	7.5-9.7%	6.0%	8.2%	
Health Factors					164
Health Behaviors					201
Adult smoking			14%	19%	
Adult obesity	32%	25-40%	25%	29%	
Physical inactivity	32%	24-41%	21%	25%	
Excessive drinking			8%	16%	
Motor vehicle crash death rate	32	24-41	12	17	
Sexually transmitted infections	466		84	435	
Teen birth rate	68	62-75	22	63	
Clinical Care					93
Uninsured	27%	25-29%	11%	26%	
Primary care physicians	2,071:1		631:1	1,050:1	
Preventable hospital stays	67	59-75	49	73	
Diabetic screening	80%	71-90%	89%	81%	
Mammography screening	55%	45-65%	74%	62%	
Social & Economic Factors					145
High school graduation	91%			84%	
Some college	42%	36-48%	68%	56%	
Unemployment	10.4%		5.4%	8.2%	
Children in poverty	30%	22-38%	13%	26%	
Inadequate social support			14%	23%	
Children in single-parent households	24%	18-30%	20%	32%	
Violent crime rate	187		73	503	
Physical Environment					155
Air pollution-particulate matter days	1		0	1	
Air pollution-ozone days	0		0	18	
Access to recreational facilities	4		16	7	
Limited access to healthy foods	6%		0%	12%	
Fast food restaurants	50%		25%	53%	

* 90th percentile, i.e., only 10% are better

Note: Blank values reflect unreliable or missing data

2012



Milam County

POTENTIALLY PREVENTABLE HOSPITALIZATIONS

www.dshs.state.tx.us/ph

From 2005-2010, adult residents (18+) of **Milam County** received **\$36,969,256** in charges for hospitalizations that were potentially preventable. Hospitalizations for the conditions below are called “**potentially preventable**,” because **if the individual had access to and cooperated with appropriate outpatient healthcare, the hospitalization would likely not have occurred.**

Potentially Preventable Hospitalizations for Adult Residents of Milam County	Number of Hospitalizations							2005-2010		
	2005	2006	2007	2008	2009	2010	2005-2010	Average Hospital Charge	Hospital Charges	Hospital Charges Divided by 2010 Adult County Population
Bacterial Pneumonia	62	59	97	79	79	86	462	\$17,921	\$8,279,710	\$455
Dehydration	32	32	15	16	33	33	161	\$8,948	\$1,440,617	\$79
Urinary Tract Infection	85	75	109	72	68	99	508	\$9,655	\$4,904,731	\$269
Angina (without procedures)	5	10	7	5	0	0	0	\$0	\$0	\$0
Congestive Heart Failure	85	83	108	117	85	76	554	\$19,437	\$10,768,348	\$592
Hypertension (High Blood Pressure)	7	7	11	5	18	15	63	\$9,694	\$610,704	\$34
Asthma	17	14	27	12	27	33	130	\$13,431	\$1,746,043	\$96
Chronic Obstructive Pulmonary Disease	86	45	42	45	65	64	347	\$14,127	\$4,901,944	\$269
Diabetes Short-term Complications	0	5	5	8	10	13	41	\$11,606	\$475,834	\$26
Diabetes Long-term Complications	23	15	26	20	29	19	132	\$29,101	\$3,841,326	\$211
TOTAL	402	345	447	379	414	438	2,398	\$15,417	\$36,969,256	\$2,031

Source: Center for Health Statistics, Texas Department of State Health Services

The purpose of this information is to assist in improving healthcare and reducing healthcare costs.

This information is not an evaluation of hospitals or other healthcare providers.

Bacterial Pneumonia is a serious inflammation of the lungs caused by an infection. Bacterial pneumonia primarily impacts older adults. [Communities can potentially prevent hospitalizations by encouraging older adults and other high risk individuals to get vaccinated for bacterial pneumonia.](#)

Dehydration means the body does not have enough fluid to function well. Dehydration primarily impacts older adults or institutionalized individuals who have a limited ability to communicate thirst. [Communities can potentially prevent hospitalizations by encouraging attention to the fluid status of individuals at risk.](#)

Urinary Tract Infection (UTI) is usually caused when bacteria enter the bladder and cause inflammation and infection. It is a common condition, with older adults at highest risk. In most cases, an uncomplicated UTI can be treated with proper antibiotics. [Communities can potentially prevent hospitalizations by encouraging individuals to practice good personal hygiene; drink plenty of fluids; and \(if practical\) avoid conducting urine cultures in asymptomatic patients who have indwelling urethral catheters.](#)

Angina (without procedures) is chest pain that occurs when a blockage of a coronary artery prevents sufficient oxygen-rich blood from reaching the heart muscle. [Communities can potentially prevent hospitalizations by encouraging regular physical activity; smoking cessation; controlling diabetes, high blood pressure, and abnormal cholesterol; maintaining appropriate body weight; and daily administration of an anti-platelet medication \(like low dose aspirin\) in most individuals with known coronary artery disease.](#)

Congestive Heart Failure is the inability of the heart muscle to function well enough to meet the demands of the rest of the body. [Communities can potentially prevent hospitalizations by encouraging individuals to reduce risk factors such as coronary artery disease, diabetes, high cholesterol, high blood pressure, smoking, alcohol abuse, and use of illegal drugs.](#)

Hypertension (High Blood Pressure) is a syndrome with multiple causes. Hypertension is often controllable with medications. [Communities can potentially prevent hospitalizations by encouraging an increased level of aerobic physical activity, maintaining a healthy weight, limiting the consumption of alcohol to moderate levels for those who drink, reducing salt and sodium intake, and eating a reduced-fat diet high in fruits, vegetables, and low-fat dairy food.](#)

Asthma occurs when air passages of the lungs become inflamed and narrowed and breathing becomes difficult. Asthma is treatable, and most flare-ups and deaths can be prevented through the use of medications. [Communities can potentially prevent hospitalizations by encouraging people to learn how to recognize particular warning signs of asthma attacks. Treating symptoms early can result in prevented or less severe attacks.](#)

Chronic Obstructive Pulmonary Disease is characterized by decreased flow in the airways of the lungs. It consists of three related diseases: asthma, chronic bronchitis and emphysema. Because existing medications cannot change the progressive decline in lung function, the goal of medications is to lessen symptoms and/or decrease complications. [Communities can potentially prevent hospitalizations by encouraging education on smoking cessation and minimizing shortness of breath.](#)

Diabetes Short-term Complications are extreme fluctuations in blood sugar levels. Extreme dizziness and fainting can indicate hypoglycemia (low blood sugar) or hyperglycemia (high blood sugar), and if not brought under control, seizures, shock or coma can occur. Diabetics need to monitor their blood sugar levels carefully and adjust their diet and/or medications accordingly. [Communities can potentially prevent hospitalizations by encouraging the regular monitoring and managing of diabetes in the outpatient health care setting and encouraging patient compliance with treatment plans.](#)

Diabetes Long-term Complications include risk of developing damage to the eyes, kidneys and nerves. Risk also includes developing cardiovascular disease, including coronary heart disease, stroke, and peripheral vascular disease. Long-term diabetes complications are thought to result from long-term poor control of diabetes. [Communities can potentially prevent hospitalizations by encouraging the regular monitoring and managing of diabetes in the outpatient health care setting and encouraging patient compliance with treatment plans.](#)

For more information on potentially preventable hospitalizations, go to: www.dshs.state.tx.us/ph.

Milam County Health Environment Notes & Related Data

Milam County Health Clinics

<u>Name/Location</u>	<u>Providers</u>	<u>Type of Facility</u>
Little River Medical Clinic 602 North Main Street Rockdale, Texas	3 Internal Medicine MD 1 Orthopedics MD 1 Dermatology MD 1 Urology MD 1 Pediatrics RN 1 Cardiology MD	
Richardson Rural Health Clinic 908 North Crockett Avenue Cameron, Texas		RHC
Cameron Rural Health Clinic 708 N Crockett Avenue Cameron, Texas		RHC

Central Texas Hospital

806 North Crockett • Cameron, Texas

Richards Memorial Hospital

1700 Brazos Ave. • Rockdale, Texas

Richards Memorial Hospital is a 25-bed Critical Access Hospital dedicated to the overall health and well-being of the communities it serves. We offer numerous services and specialties to provide you with excellent, expert healthcare, close to your home and family.

- Specialties & Services
- Cardiology
- CT
- Diagnostics
- MRI
- X-Ray
- Ear, Nose & Throat
- Electrophysiology
- Emergency Department
- Gastroenterology
- General Surgery
- Gynecology
- Internal Medicine
- Laboratory
- Nephrology
- Nuclear Medicine
- Nutritional Counseling
- Occupational Therapy
- Oncology
- Orthopedics
- Physical Medicine & Rehab
- Physical Therapy
- Podiatry
- Pulmonology
- Rheumatology
- Skilled Nursing Facility
- Social Services
- Ultrasound
- Urology

UTILIZATION DATA FOR TEXAS ACUTE CARE HOSPITALS BY COUNTY, 2010

<i>Hospital</i>	<i>Metro-Status</i>	<i>Ownership</i>	<i>Days Open</i>	<i>Staffed Beds</i>	<i>Admissions</i>	<i>Inpatient Days</i>	<i>Medicare Inpatient Days</i>	<i>Medicaid Inpatient Days</i>	<i>Average Daily Census</i>	<i>Average Length of Stay</i>	<i>Staffed Occupancy Rate%</i>
<i>Central Texas Hospital</i>	<i>Non-Metro</i>	<i>FP</i>	<i>365</i>	<i>34</i>	<i>1,038</i>	<i>5,793</i>	<i>2,939</i>	<i>1,015</i>	<i>15.9</i>	<i>5.6</i>	<i>46.7</i>
<i>Richards Memorial Hospital</i>	<i>Non-Metro</i>	<i>FP</i>	<i>365</i>	<i>21</i>	<i>805</i>	<i>5,393</i>	<i>1,084</i>	<i>150</i>	<i>14.8</i>	<i>6.7</i>	<i>70.4</i>
<i>County Totals</i>			<i>365</i>	<i>55</i>	<i>1,843</i>	<i>11,186</i>	<i>4,023</i>	<i>1,165</i>	<i>30.6</i>	<i>6.1</i>	<i>55.7</i>

Source: 2010 Cooperative DSHS/AHA/THA Annual Survey of Hospitals and Hospitals Tracking Database

CHARITY CARE CHARGES AND SELECTED FINANCIAL DATA FOR TEXAS ACUTE CARE HOSPITALS BY COUNTY, 2010

<i>Hospital</i>	<i>Ownership</i>	<i>Bad Debt Charges</i>	<i>Charity Charges</i>	<i>Total UC Care</i>	<i>Net Patient Revenue</i>	<i>Gross Inpatient Revenue</i>	<i>Gross Outpatient Revenue</i>	<i>Total Gross Patient Revenue</i>	<i>UC Care as % of Gross Patient Revenue</i>
<i>Central Texas Hospital</i>	<i>FP</i>	<i>\$345,620</i>	<i>\$235,841</i>	<i>\$581,461</i>	<i>\$6,311,420</i>	<i>\$6,873,267</i>	<i>\$3,630,670</i>	<i>\$10,503,937</i>	<i>5.5</i>
<i>Richards Memorial Hospital</i>	<i>FP</i>	<i>\$6,617,682</i>	<i>\$1,080,000</i>	<i>\$7,697,682</i>	<i>\$26,522,084</i>	<i>\$10,255,798</i>	<i>\$48,112,180</i>	<i>\$58,367,978</i>	<i>13.2</i>
<i>County Totals</i>		<i>\$6,963,302</i>	<i>\$1,315,841</i>	<i>\$8,279,143</i>	<i>\$32,833,504</i>	<i>\$17,129,065</i>	<i>\$51,742,850</i>	<i>\$68,871,915</i>	<i>12.0</i>

Source: 2010 Cooperative DSHS/AHA/THA Annual Survey of Hospitals and Hospital Tracking Database

Milam County Health and Community Data DSHS Health Currents System

www.dshs.state.tx.us/chs/healthcurrents

	Year	Milam County	Region 7	Texas
Acute Care Hospitals	2009	2	57	553
Psychiatric Hospitals	2009	0	6	43
Acute Care For-Profit Hospitals	2009	2	18	279
Acute Care Non-Profit Hospitals	2009	0	33	151
Acute Care Public Hospitals	2009	0	6	123
Beds Setup and Staffed for Acute Care	2009	55	5,630	64,022
Beds Setup and Staffed for Obstetrics Care	2009	0	659	5,961
Acute Care Licensed Beds	2009	69	6,708	78,368
Psychiatric Care Licensed Beds	2009	0	652	5,450

Hospital Resources

	Year	Milam County	Region 7	Texas
Direct Care Physicians	2010	12	5,185	41,191
Primary Care Physicians	2010	9	2,252	17,526
Physician Assistants	2010	4	622	4,943
Registered Nurses	2010	88	19,024	176,498
Licensed Vocational Nurses	2010	103	7,690	71,141
Nurse Practitioners	2010	7	724	6,162
Dentists	2010	4	1,376	11,301
Pharmacists	2010	11	2,288	20,428
Chiropractors	2010	4	639	4,767
Veterinarians	2010	11	1,151	5,734
EMS Personnel	2010	62	7,779	56,381

Health Occupations

	Year	Milam County	Region 7	Texas
Direct Care Physicians Ratio	2010	45.3	177.0	162.3
Primary Care Physicians Ratio	2010	34.0	76.9	69.1
Physician Assistants Ratio	2010	15.1	21.2	19.5
Registered Nurses Ratio	2010	332.6	649.5	695.6
Licensed Vocational Nurses Ratio	2010	389.3	262.5	280.4
Nurse Practitioners Ratio	2010	26.5	24.7	24.3
Dentists Ratio	2010	15.1	47.0	44.5
Pharmacists Ratio	2010	41.6	78.1	80.5
Chiropractors Ratio	2010	15.1	21.8	18.8
Veterinarians Ratio	2010	41.6	39.3	22.6
EMS Personnel Ratio	2010	234.3	265.6	222.2

Ratio of 2009 Population per Health Care Professional

	Year	Milam County	Region 7	Texas
18 Years and Younger, Without Health Insurance	2007	1,124	132,294	1,375,714
18 Years and Younger, Without Health Insurance (%)	2007	17.0%	17.3%	19.5%
Younger than 65 Years, Without Health Insurance	2007	4,988	611,604	5,765,126
Younger than 65 Years, Without Health Insurance (%)	2007	24.2%	24.7%	26.8%

Health Insurance

	Year	Milam County	Region 7	Texas
Average Monthly TANF Recipients	SFY2009	29	2,788	104,693
Average Monthly SNAP (food stamp) Participants	SFY2009	3,825	271,789	2,819,469
Unduplicated Medicaid Clients	SFY2009	6,097	476,113	4,760,721
Unemployment Rate	2010	10.4%	7.2%	8.2%
Per Capita Personal Income	2010	\$29,910	\$36,225	\$38,609
Average Monthly CHIP enrollment	FY2008	416	37,184	466,242

Socioeconomic Indicators

	Year	Milam County	Region 7	Texas
Total Persons Living Below Poverty	2009	4,321	442,754	4,143,077
Total Persons Living Below Poverty (%)	2009	18.0%	15.9%	17.1%
Related Children 0-17 Years, Living Below Poverty	2009	1,811	144,890	1,655,085
Related Children 0-17 Years, Living Below Poverty (%)	2009	28.0%	20.3%	24.3%
18 Years and Over, Living Below Poverty	2009	2,510	297,864	2,487,992
18 Years and Over, Living Below Poverty (%)	2009	14.3%	14.4%	14.3%

Poverty

Health Professional Shortage Area Designations – Milam County

Source: <http://hpsafind.hrsa.gov/HPSASearch.aspx>

- Primary Medical Care – Single County
- Dental – 0 HPSAs in this county
- Mental Health – Single County